

GLUTEN WISE LUNCH MENU



Sharing

BREWHOUSE FRIES

duck fat fried PEI potatoes tossed with smoked salt served with scallion aioli 7

CHICKPEA FALAFEL BOARD

crispy falafel balls served on roasted garlic avocado aioli, pickled red onions and local arugula 10

PAN SEARED TUNA LETTUCE WRAPS

sushi grade yellow fin tuna, lime guacamole, tempura crunch, black bean garlic sauce and pickled chili bean sprouts 13

CHORIZO TOSTADAS

crispy corn tortillas layered with cactus pico de gallo, seasoned sour cream, jack cheddar cheese blend, red pepper rice and topped with lettuce, chorizo sausage, black beans and spicy buffalo sauce 16

Starters

CHEF'S DAILY SOUP

please ask your server for details 6

BREWHOUSE SALAD

mixed greens, local apple, pickled beets, aged pickle, cider vinaigrette 8

GRILLED LEMON CAESAR SALAD

romaine lettuce tossed with chimichurri fried potatoes, roasted corn, house-made garlic avocado dressing, seasoned pickled egg, bacon and parmesan 12

Lunch

CHICKEN WINGS

marinated crispy fried chicken wings (one pound)
sauces: coarse salt and cracked pepper, celery salt and lime, dry curry, maple sriracha, spicy butter buffalo, tandoori bbq or jamaican jerk with pineapple relish
served with creamy ranch dip and cucumber slices 13

PEAMEAL SANDWICH

sliced house cured peameal, sticky bbq sauce, lettuce and tomato on a lettuce bun 12

CHEDDAR BURGER

local wagyu beer marinated beef, smoked white cheddar, bibb lettuce, tomato, onion, sliced aged pickle and roasted garlic aioli on a lettuce bun 14
(beef is marinated in beer)

FALAFEL BURGER

seasoned ground chickpea falafel patty, roasted garlic avocado aioli, pickled red onions, local arugula and sun cured tomatoes on a lettuce bun 12

INDIAN LAMB BURGER

masala spiced ontario ground lamb, lime corn relish, bibb lettuce and scallion aioli on a lettuce bun 14

GRILLED JERK CHICKEN BURGER

ontario ground chicken burger rubbed with house-made jerk sauce, roasted red peppers, bibb lettuce and pineapple relish on a lettuce bun 14

BURGERS INCLUDE BREWHOUSE GREENS OR FRIES

Dessert

ICE CREAM AND BERRIES

vanilla ice cream with strawberries 4

We do not use gluten segregated fryers

Our Jamaican Jerk sauce contains soy

this menu may not accommodate customers with celiac disease. in addition, given that we grind our grain for our beers in-house, there may be malt dust in the air and this could cause a reaction.

all dishes are prepared in-house using locally sourced ingredients where possible. cheese is smoked on-site and our vegetables are pickled in house with care. If you have any questions about our menu, please ask your server.